



Wolf Den Meeting 5

Know Your Home and Community and Be Safe at Home and on the Street
Achievement 4. Achievement 9. Character Connection for Responsibility.

Preparation and Materials Needed

- ▶ Make arrangements for a field trip to your local fire station or another important place in your community, such as a historic or government location; so find a location that is important and interesting, as well as convenient, for your den to visit.
- ▶ Request permission to use a meeting room at the fire station or other important place for snacks and to complete additional requirements while at the location.
- ▶ Bring the photographs of the boys that were taken at the first den meeting; bring picture frames to be decorated, paint and brushes or other materials to decorate the frames, and smocks (or old shirts that fit over the boys' uniforms) to protect the boys' uniforms from paint.
- ▶ Prepare permission slips for a field trip to a fire station or other important place at Meeting 6.
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
 - Bring paper and pencil for each boy.

Before the Meeting

- ▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

Gathering

- ▶ Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ▶ Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ If you're on a field trip, as boys arrive, collect permission slips from parents who are not staying.

Opening

- ▶ Using the U.S. flag at the fire station or other important place, conduct a flag ceremony, indoor (**Achievement 2b**) or outdoor (**2f**). Options include:
 - Gather in a line, circle, or square: Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (**Achievement 2a**); Cub Scout Promise or Law of the Pack; lead patriotic song.
 - Rotate leadership of flag ceremonies so each boy has a turn at every role (**Achievement 2b**).

Business Items

- (Do these when it makes sense based on your field trip schedule (could be after the field trip part):
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

Activities

- ▶ **Achievement 4f** ("Visit an important place in your community, such as a historic or government location. Explain why it is important."):
 - If you've been able to arrange a tour or a guest speaker at the fire station or other important place, be sure to confirm how long they will speak. Remember: Official duties may call them away (e.g., a fire!), so you need to be prepared with plan B.
 - Plan B is for the den leader or another parent to lead the discussion of what the place is and tour it (within the limits of your permission) and why the place is an important place.
- ▶ **Achievement 9d and e** (safety rules):
 - **Achievement 9d** ("Practice good rules of street and road safety."): Discuss good rules of street safety and road safety. Go ahead and practice at your field trip location.
 - **Achievement 9e** ("Know the rules of bike safety."): Discuss the rules of bike safety.
 - **Assignment:** Boys should practice the rules of road safety before the next meeting and have a family member sign off in their handbook.



- ▶ Introduce the concept of home safety in preparation for your Cub Scouts completing **Achievement 9b** and **c** at home (home safety rules):
 - **Achievement 9b** (“With an adult, check your home for hazards and know how to make your home safe.”), and **9c** (“With an adult, check your home for danger from fire.”)
 - You can start in your den meeting location and make a list of things that should be maintained or changed to keep everyone safe. The adult can make the list as the Cubs point out safety items.
 - The *Wolf Handbook* specifically mentions several items at pages 83–84, such as knowing where the water shutoff and circuit breaker box are. Check the gas shutoff, too, if you have natural gas service.
 - Basic safety information makes a big difference in an emergency. Do you know where the fire extinguishers are at your workplace? At your den and pack meeting places? Help your Cubs by pointing out emergency exits and fire extinguishers on field trips.

Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: Retire the colors (fold and return the flag), or have a den leader’s minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ▶ Hand out or send family information letter.

▶ Home Assignments:

- Ask parents to help Cub Scouts complete **Achievements 9b, 9c, 9d;** and **4b, 4c,** and **4d.** Ask them to help Cub Scouts find articles for **Achievement 7e** to share at the next den meeting.
- Boys should practice the rules of bike safety before the next meeting (**9e**) and have a family member sign off in their handbook. Hand out the bike safety quiz at the end of this meeting plan as a resource to help teach Scouts and parents.

After the Meeting

- ▶ If you’ve changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ▶ Refreshments: If appropriate
- ▶ Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.



Bike Safety Quiz

A bicycle is not a toy . . . it is a vehicle and *you are the driver!*

Learn to share the road and *Ride Safely.*

1. Are there any times when you don't need to wear a helmet when riding a bike?

Answer: _____

2. Name three safe bike riding practices:

Answers: _____

3. What kinds of things should you check before you begin to ride?

Answer: _____

4. Where do most bicycle crashes occur?

Answer: _____

5. When riding your bike, it is important to stay alert at all times. Name three road hazards you should watch out for:

Answers: _____

6. Is it OK to ride a bicycle while listening to audio headphones?

Answer: _____

7. What is the most serious type of injury for cyclists?

Answer: _____

8. Always be a courteous cyclist. Remember, who has the right of way? Cyclists or pedestrians?

Answer: _____

9. How do you finish this sentence? Be Safe, Be _____! Sore *or* Seen?

Answer: _____

10. Always go with the flow of traffic, and stay to which side of the road?

Answer: _____

11. Before entering a roadway, you should look which ways for traffic?

Answer: _____

12. Where do you always need to check before changing lanes?

Answer: _____

13. Your bicycle helmet should cover your what?

Answer: _____

14. Your bicycle helmet should fit how?

Answer: _____

15. When making a turn, what do you do for others?

Answer: _____

Bike Safety Quiz Answers

A bicycle is not a toy . . . it is a vehicle and *you are the driver!*
Learn to share the road and *Ride Safely.*



1. Are there any times when you don't need to wear a helmet when riding a bike?

Answer: No, you should wear a helmet every time you get on any bike.

2. Name three safe bike riding practices:

Answers include:

- a. Ride single file.
- b. Obey traffic signs, signals, and lane markings.
- c. Always ride on the right side of the road, with traffic.
- d. Signal your moves to others.
- e. Check for traffic at an intersection.
- f. Stay alert at all times; slow down at driveways.
- g. _____

3. What kinds of things should you check before you begin to ride?

Answers:

- a. Inflate your tires properly.
- b. Check your brakes before riding.
- c. Always wear bright colors.
- d. Make sure you're not wearing clothes that can get caught in your bike.
- e. Carry your books and other possessions in a bicycle carrier or backpack.

4. Where do most bicycle crashes occur?

Answer: At intersections, including driveways.

5. When riding your bike, it is important to stay alert at all times. Name three road hazards you should watch out for.

Answers: Potholes, wet leaves, storm grates, cracks, gravel, broken glass or trash, water or oil, parked cars (doors flying open), _____

6. Is it OK to ride a bicycle while listening to audio headphones?

Answer: No.

7. What is the most serious type of injury for cyclists?

Answer: Head injuries.

8. Always be a courteous cyclist. Remember, who has the right of way? Cyclists or pedestrians?

Answer: Pedestrians.

9. How do you finish this sentence? Be Safe, Be _____! Sore or Seen?

Answer: Be Safe, Be Seen!

10. Always go with the flow of traffic, and stay to which side of the road?

Answer: The right side of the road.

11. Before entering a roadway, you should look which ways for traffic?

Answer: Left-right-left.

12. Where do you always need to check before changing lanes?

Answer: Beside you, in front of you, and behind you!

13. Your bicycle helmet should cover your what?

Answer: Forehead and the top of your head.

14. Your bicycle helmet should fit how?

Answer: Snugly, all straps snug and attached.

15. When making a turn, what do you do for others?

Answer: Signal your turn; show right and left turn signals.